

SYDNEY GUT CLINIC DIRECT ACCESS REFERRAL

PLANNED PROCEDURES:

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| <input type="checkbox"/> Gastroscopy | <input type="checkbox"/> Colonoscopy | <input type="checkbox"/> Haemorrhoid Banding |
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MEDICAL HISTORY:

- | | |
|----------------------------------|----------------------------------|
| <input type="checkbox"/> Weight: | <input type="checkbox"/> Height: |
|----------------------------------|----------------------------------|

- Heart disease:
- Cardiac Stents
 - Pacemaker
 - Implantable defibrillator

- Family history:

CURRENT MEDICATIONS

- Anti-coagulants:

- Anti-platelets

- Insulin

- Other

- ALLERGIES

Other:

DIRECT ACCESS REFERRAL CRITERIA:

- | | |
|----------------|--|
| GENERAL | <input type="checkbox"/> Under 80 years of age
<input type="checkbox"/> Fit and healthy
<input type="checkbox"/> Not on anticoagulants |
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TESTS PRIOR TO DIRECT ACCESS:

Please include relevant screening results, pathology, &/or imaging

COLONOSCOPY

- Positive FOBT result
- Family history of CRC
- Surveillance for polyps
- Unexplained iron deficiency +/- anaemia
- Unexplained progressive weight loss
- Rectal bleeding
- Bloody diarrhoea with negative stool MC&S
- Change in bowel habits >6 weeks
- Unexplained progressive weight loss
- Abdominal pain
- Palpable mass (suggest consult)
- After first episode of proven diverticulitis to exclude neoplasm

GASTROSCOPY

- Family history of stomach cancer
- Unexplained iron deficiency +/- anaemia
- Coeliac disease screening
- Dyspepsia / Reflux
- Dysphagia, odynophagia
- Unexplained abdominal pain and weight loss
- Persistent vomiting and weight loss
- For duodenal biopsy following positive serology in suspected coeliac disease
- Screening / surveillance of Barrett's oesophagus and gastric intestinal metaplasia

All Direct Access Referrals are screened by our Specialists and/or Clinical Nurse prior to booking.

We will be happy to contact your rooms or the patient if further information is required.